

Relationship Alchemy Introduction

Energy & Relationship

In relationship alchemy we will look at money and our relationship to it in terms of masculine and feminine energy. We will look at our primary relationships – that of Mother, Father, Child and Lover and we will examine ourselves and our money as reflections of these relationships and of the archetypal energies these relationships represent, both internally and in the world around us. Mostly, we will look at relationship with specific emphasis on money and the wealth creation journey.

We will look at our primary relationships as representations and personifications of the masculine and feminine principles, and once we have defined and examined these principles at length we will examine each relationship individually and discover which principle is active in that relationship.

We will consider whether that relationship is reflecting the appropriate energy for its function. We will consider re-alignment of some of these relationships so that the appropriate energy and flow is allowed to prosper.

When the right energy is flowing between two points in a relationship (the two points being the two people or aspects of the relationship) in the right way, then that relationship will flourish and prosper.

Because everything is energy, everything is connected, and everything exists by virtue of relationship. Therefore, our relationships reflect one another both internally and in the world around us.

Although everything is energy, energy can move at different speeds. Thus we talk of the rate or vibration of energy. The different rates of vibration allow energy to express itself in terms of different qualities, as different kinds of flow.

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The flow or expression of energy is a never ending cycle of ebb and flow, out and in–breath, active–receptive – which is well described in the Chinese yin–yang symbol.

*All being, it seemed, was built on opposites, on division.
Man or woman, vagabond or citizen, lover or thinker –
no breath could both be in and out, none could be man
and wife, free and yet orderly, knowing the urge of life
and the joy of intellect. Always the one paid for the
other, though each was equally precious and essential.*

Hermann Hesse, *Narcissus and Goldmund*

The Energy of Yin and Yang

Broadly speaking, yin can be regarded as the feminine principle and yang as the masculine. Do remember though, that energy is energy and both these aspects, or faces of energy, coexist. Yin cannot exist without yang. Yang cannot exist without yin. The yin–yang symbol shows two interlinked halves (not exact mathematical halves, but swirley orange wedge halves). One half is light, one half is dark. Yet, within the light half, is a small circle of darkness. Within the dark half, there is a small circle of light. So the feminine and masculine are both interlinked and possess the qualities of one another.

This Chinese philosophical and metaphysical viewpoint goes back to the 3rd century BC and is actually referred to as yinyang.

The yang, masculine principle represents the forward moving, active, light, sun, generative, positive principle of energy. The yin, feminine principle represents the receptive, negative, dark, moon, containing, yielding principle of energy.

Here we must pause for a moment and clarify the feminine a little. The feminine principle as understood in the Chinese (and other) writing is not to be confused with an often distorted view of the feminine as a passive, inactive, static force.

I would like to quote here, a definition from my very old, tatty, and possibly out of print I–Ching book by Sam Reifler on yin:

“Yin (the feminine principle) is entirely directed by an inspiring, creative force outside itself. It is important to see the relationship with this active force (the masculine principle) not as a passive one, but as a responsive, receptive one.

Yin in no way implies inaction – on the contrary. The earth is dependent on the sun for its power, but it is not the sun that bears and nourishes, grows and decays, expands and contracts, freezes and flows.

Yang represents the powers that direct and impel action. Yin represents action directly. Yin is responsible for activity in time and space, inspired by an inactive, impelling force beyond dimension”

What does this mean, and more importantly, how does this yin–yang talk relate to money and wealth creation?

*Since we have been out of balance so heavily towards the male,
it is going to be the feminine energy which will now move into
a place of enormous influence and enormous impact, as that
energy creates a confluence of all the energies surrounding
our experience of deities, of the Tao of God, and our expression
of that experience in our daily lives.*

Neale Donald Walsch

It (more or less) starts with the feminine

I say more or less, because we are told, in many traditions that ‘in the beginning was the word’. And although in the moment before the word was spoken there was (possibly) the void, containing nothing as well as the possibility of everything, which put in another way could be seen as the perfect balance of yin–yang; nonetheless in the moment the word was spoken, the masculine principle was put into effect.

So I say more or less. And having said that, from here on, I will stick rather strictly to wealth creation, as the potential to get into rather vast, can-debate- forever philosophical, religious, metaphysical questions is tempting.

So, in the beginning was the mother. Or, more relevantly put, in the beginning of the wealth journey you need the mother, the feminine principle. This is the subject of *Money Well – How to contain wealth*, which in summary says, that in order to contain wealth, you need a container.

The confusion many of us have about money and wealth creation is that we believe that the wealth journey begins with putting into motion the masculine principle. We think, that when we seek to create or increase wealth, we should begin by ‘doing something’; performing some forward moving, rational, logical act. Like budgeting or seeing an investment expert or balancing our cheque book.

This is a very rational, logical, left brain approach. And in itself demonstrates our unbalanced view of the world. This act in itself is symbolic of our biased and yes, unbalanced is the best way to put it, way of approaching not just money and its creation, but life itself.

Ordinary and non-ordinary reality

So let's take a moment here to look at what this means, and in so doing, reflect on some of the basic premises of this Money Alchemy work.

I must first of all thank Fiona Wombwell, author of *Goddess Changes* for the use of ordinary versus non-ordinary reality. I first encountered these words in her book.

Most of us live in ordinary reality. This is governed by the 'rational', the 'logical', 'the proven', the 'visible'. It is ruled by 'statistics', by mass consensus, and what we believe this to be.

'Facts', 'reality' and what can and cannot be done, are determined by media, 'experts', above mentioned weighing up against 'the rational'. All of which can be loosely termed the left-brain, 'masculine' approach.

In ordinary reality, the outcome of everything is pre-determined. In ordinary reality our circumstances, the world circumstances, our background, education, gender, or race, provide boundaries which set and define 'reality'. This is the land of limited mind. This is the place where our vision (if it exists at all) is severely blinkered. This is life lived in fear and/or anticipation of the next turn of events in the economy, natural disaster, re-alignment of the planets, or passing of new laws.

This is the cause and effect world where we predict the cause which predicts the effect – and that sounds pretty logical. It forms the basis of most of the thinking we are trained to do. It starts with predicting or creating, and certainly focusing on 'the cause'.

Much of our problem solving is centred around this type of thinking. It goes like this: I have a problem – If I can only find out what caused the problem, I will be able to solve the problem. We spend years in therapy, in hypnotherapy, and in past life regression (not that I am knocking these modalities – they have their place) in pursuit of this thinking. We say, if I can find out what caused the

problem, I will know the solution. On one level, it sounds good, but we know from experience that this is not always the case.

If we engage with some holistic logic we immediately realise the truth behind the age old adage – ‘the mind set that created the problem cannot create the solution’.

More importantly, to create new realities, new possibilities, new worlds, new wealth – to create at all – we need to start in the land of effect, not cause. We must focus on the outcome, on where we are going. This is where the journey starts – in the land of dreams.

*And above all, watch with glittering eyes the whole world around
you because the greatest secrets are always hidden in the most
unlikely places. Those who don't believe in magic will never find it.*

Roald Dahl

The world of the tangible and the visible, is a very small, small place, where dreams cannot flourish or prosper. It is indeed a place of non-belief, because in the world of the visible, belief in something only comes after the fact – which contradicts the whole notion of belief in the first place.

You may have noticed all the inverted commas around reality and fact and logic above. This is because logical and rational (and especially ‘scientific’ and therefore ‘irrefutable’) is not as real or as logical as it may appear to be.

The ‘logical’, the ‘rational’ and even the ‘scientific’ is more often that not at best nothing more than a well created argument with an expiry date; and at worst nothing more than a purely subjective viewpoint. And on this subject, Bill Bryson’s book, *A short history of everything* is invaluable in showing on what flimsy and even ridiculous and totally unfounded roots many of the pillars of our so called scientific, rational thinking is based.

So in ordinary reality we trust the known, the visible and the tangible. We approach money and its creation in terms of physical reality – things we can count and measure and list. And when we want to expand or increase our wealth we begin by thinking we must ‘do something’ physical. Or in other words engage with the ‘masculine’, yang, expression of energy.

Balancing Yin–Yang money

Yet non–ordinary reality, the world of dreams and intuition, the non–visible, non–tangible world of belief is where all wealth creation journeys start. And this is the place of yin. Because at the start, is the energy of the feminine. First you need a container, and in order to contain (wealth, life, all good things), you must first believe.

My book *Money Alchemy – How to Expand Wealth* deals with belief and its cultivation at length and provides much processing that can help develop this, the most important of tools, in the wealth creation journey.

Without belief you cannot create

So before you can go out there and ‘do’ or in other words engage with the masculine active principle you need to initiate the feminine. You need to decide where you are going, what you are trying to create/ achieve. In other words define your container. All journeys start from here.

Once the feminine energy has been engaged with, the masculine is able to be contained, housed, and with its destination now defined, so determine its direction. Without a container, masculine energy has no direction and it either quickly dissipates or becomes destructive.

*By believing passionately in something
that still does not exist, we create it.*

*The nonexistent is whatever
we have not sufficiently desired.*

Franz Kafka

Balancing energy in relationship

On the relationship front we begin by...